

# BREAKFAST LEADERSHIP

BREAKFASTLEADERSHIP.COM



## ABOUT BREAKFAST LEADERSHIP

Breakfast Leadership trains leaders of all walks of life how to design and properly structure their work days, so you will accomplish more, by doing less. You will find more time for the things that are important to you.

Contact Michael at [BreakfastLeadership.com](http://BreakfastLeadership.com) or email [Michael@BreakfastLeadership.com](mailto:Michael@BreakfastLeadership.com) to get started today!

## SERVICES

We can work with you and your team to customize the solution that is right for you. Call to discuss what's best for you

### GROUP PACKAGES

- Group coaching on boundaries, bullying and harassment
- Group coaching on time management and tackling your to-do list

### ONE-ON-ONE PACKAGES

- Individual one-on one boundaries, bullying and harassment coaching
- Individual coaching on time prioritization

### ONLINE ONLY PACKAGES

- Online coaching training on boundaries and time management

## AVOID THE BURN-OUT

regain CONTROL  
in your life

The secret to a productive day, without burnout is mastering your morning...

